

# TEECH



## Christmas 2018

### SHOEBOX APPEAL



#### What to do.....

The charity **TEECH** is going to Romania & Moldova for Christmas 2018, to visit schools & people in their own homes, taking gifts & food parcels, as well as clothing & blankets. TEECH provides aid & improves basic living conditions, has worked in orphanages, school & homes for the elderly. Please support us by completing a shoebox, which will be hand delivered by the team, to those who require a little help at Christmas time.

1. Find an empty shoebox, wrap the lid & box with wrapping paper

2. Decide if your box is to be for a boy or girl, what age group and put the label on the box, or if its a food parcel

3. Fill your box with gifts. See the list of ideas and the 'no thanks' list

4. Make a donation of £1 per box towards transportation by visiting [www.mydonate.bt.com/charities/teech](http://www.mydonate.bt.com/charities/teech)

#### Gifts Ideas for your shoebox:

**Toys:** Soft Toys, Balls, Building Blocks, jigsaws, musical instruments, toy cars, dolls, jewellery

**Educational Items:** Pens, Pencils, rubber, ruler, colouring or puzzle books, notepads, pencil case, stickers etc

**Personal Items:** toothbrush & paste, hairbrush/comb, deodorant, shampoo, shower gel, sanitary items, soap, flannel etc

**Food:** Please do not mix food with other items but make up food parcels separately. All items to have a use by date of at least 6 months. Dried foods are best. **Other Items:** Sweets, Gloves, Hats, Scarves

**IMPORTANT:** If you are doing a number of boxes as part of a group, then please complete even numbers of boys and girls boxes so we have a good range for allocation.

**THE AGE RANGE FOR BOXES IS 3 YEARS TO 18 YEARS**

#### No Thanks List:

Medicine / War Related Items / Fragile items like mirrors or glass containers / Dangerous items like scissors or any sharp objects / Nothing of a political nature

Please have your parcels with us by **Friday 7th December 2018 at the latest** if you can deliver them to us or **earlier if sending them through BT**. Contact [holly@teech.org](mailto:holly@teech.org) or on 07786015784 to find out your local BT drop point. Make contact for a box label also. *Charity No 1074765*